

Pressure Ulcer Prevention



Working together to reduce skin damage

Whittington Health 


Haringey
Clinical Commissioning Group

For more information visit www.whittington.nhs.uk (Tissue viability) or
download the app 'PU info'

Dear All

This pressure ulcer prevention pack has been put together to give information to people who are at risk of a pressure ulcer (bed sores) and for people who are caring for someone who is at risk of developing a pressure ulcer.

The aim of the pack is to provide you with knowledge that a pressure ulcer is damage to the skin which can happen to anyone, and what YOU can do to prevent it from happening and what YOU can do if you think skin damage is happening.

If you have any further questions please speak to you GP, practice nurse, community nurse or look at any of the websites and apps detailed on the leaflet

Thank you

The Tissue Viability Team

Whittington Health