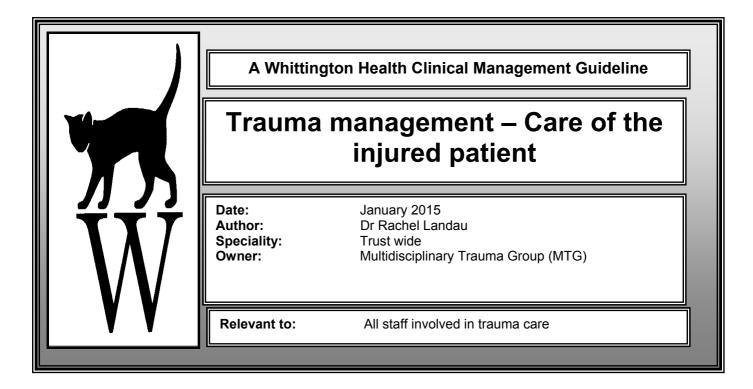
Whittington Health NHS

Whittington Health

Trauma management – Care of the injured patient

Version:	9.0	
Ratified by:	Clinical Guidelines Committee (original)	
	Multidisciplinary Trauma Group	
Date ratified:	May 2015	
Name of originator/author:	Robert Pinate – PDN ED/Chair of MTG	
Name of responsible	Multidisciplinary Trauma Group	
committee/individual:	Dr Rachel Landau – Trauma lead	
Date re-issued:	May 2015	
Review date:	3 years hence	
Target audience:	All staff involved in trauma care	

Revision Chronology:		
Version Number	Effective date	Reason for change
1-7 draft documents	April 2010 - July 2011 – not effective in Trust	Significant changes to the NELETN which impacted directly on the guideline.
8	July 2011	Finalised guideline ratified by the MTG and Clinical Guidelines Committee
9	May 2015	Revised guideline ratified by the MTG



Key words/terms: Team leadership, secondary transfer, trauma network, patient handover, call out criteria, team membership, stand down procedure.

Activation of the trauma team is via switchboard: Dial 2222 and state adult/paediatric trauma team and location.

1. Background and introduction

Trauma remains the leading cause of death in children and young people in England, Europe and America (1). As a proportion of total attendances to the Emergency Department (ED), trauma accounts for only one per 1,000 emergency cases admitted and yet have a disproportionate cost to society as it affects predominantly the youngest in our community (2). A joint report from the Royal College of Surgeons of England and the British Orthopaedic Association in 2000 made it clear that trauma should be managed following Advanced Trauma Life Support (ATLS)® (3) or equivalent guidelines. This guideline provides guidance on the management of trauma and in particular the team structure, leadership and handover of care.

There have been considerable changes to the management pathways for trauma patients in London since the launch of the pan-London trauma networks and these will be reflected in this document,

Since 2010 Whittington Health has been a designated Trauma Unit (TU) within the North East London and Essex Trauma Network (NELETN). The Major Trauma Centre (MTC) for the network is the Royal London Hospital and, as such, receives all trauma transfers including neurosurgery

> 2. Trauma Team activation criteria

- 2.1 Trauma Team activation criteria is set out in appendix 1 are based on guidance from London Ambulance Service (4), ATLS (3) and Royal College of Surgeons of England (2).
- 2.2 The activation criteria should not be regarded as an exhaustive list. Clinical staff should activate the trauma team where they believe the patient would benefit from their input.

> 3. Composition of the trauma team and activation

	Adult	Paediatric 16yrs and under
ED SpR/Middle Grade		\checkmark
Team leader (ST4 or above where possible)		
Anaesthetic SpR	\checkmark	\checkmark
ODA	\checkmark	\checkmark
Orthopaedic SpR *		\checkmark
Surgical SpR #		\checkmark
ED Nurse 1	\checkmark	\checkmark
ED Nurse 2		\checkmark
ED Nurse 3		\checkmark
Paediatric SpR	×	\checkmark
Radiographer		\checkmark
Scribe		\checkmark

* = See 3.2

#= See 3.3

- 3.1 All team members will attend immediately as for cardiac arrests.
- 3.2 Orthopaedic registrars are off site between 20:00 and 08:00 seven days a week. During these hours the surgical FY2/SHO will cover orthopaedics and call the Ortho SpR as required or directed by the team leader.
- 3.3 Surgical Middle Grade on-site cover is 24 hours a day

- Travelling time to hospital must enable adherence to the following standard: "The service should be able to deliver emergency laparotomy with 30 mins of arrival" at the hospital (5)

3.4 ED junior medical staff (FY2s and ST1s) must participate in trauma calls as required.

- 3.5 A team member will be assigned to the scribe role, see section 5.
- 3.6 Emergency bleeps are tested daily for adult and paediatric teams. All team members must respond to the test bleep as instructed by switchboard.

4. Team leadership

- 4.1 The team leader role will be carried out by the ED SpR/Middle Grade who must hold an ATLS or ETC qualification.
- 4.2 In the event there is no ED SpR/Middle Grade, the most senior member of staff with appropriate experience and training (ATLS/ETC) should assume the team leader role.
- 4.3 The trauma team leader should allocate roles to each member of the team, according to their level of skill. The resuscitation should follow ATLS® guidance (2).
- 4.4 The trauma team leader should remain with the patient until transfer to the care of one of the inpatient teams or to another hospital (2).

> 5. Documentation

- 5.1 The trauma team members will use the NELETN trauma proforma for all documentation during the initial resuscitation and management phase.
- 5.2 A member of the trauma team will be assigned to the scribe role and will complete pre-hospital information, primary survey findings, chronology and record observations.
- 5.3 All team members must document and sign their attendance and clinical findings on their designated pages in the proforma.
- 5.4 Separate paediatric neurological observations charts must be used in children under five years of age.
- 5.5 All areas of the injury summary on page 10 must be completed by the team leader.

> 6. Imaging

- 6.1 Imaging is a core component of the primary and secondary survey.
- 6.2 As detailed in point 3 the radiographer on duty must attend all trauma calls on activation of the trauma bleep system without delay.
- 6.3 Focussed assessment sonogram in trauma (FAST)
 - There is a mobile ultrasound machine suitable for FAST held at all times in ED.
 - FAST should be performed on trauma patients where:
 - a. It is clinically indicated.
 - b. Where there are personnel available who are suitably trained to carry out FAST.
 - A negative FAST scan does not preclude the need for further FAST assessments and/or CT scanning.
- 6.4 CT The radiology department have developed a major trauma protocol for CT scanning, see appendix 2.

> 7. Safe transfers within the hospital

- 7.1 In the event of any transfer within the hospital a safe level of medical and nursing supervision must be maintained with the patient as directed by the team leader in keeping with the clinical needs of the specific patient. Medical and nursing staff <u>must</u> accompany patients to and from the Imaging Department.
- 7.3 Full portable monitoring and ventilation is available in the ED and should be utilised as required.
- 7.3 Full documentation must be maintained throughout the patients transfer and whilst in areas where investigations/imaging may be taking place.
- 7.4 All intubated patients must have a nurse escort in addition to the anaesthetic team as detailed in the Intensive Care Society 2011 Guidelines for the transport of the critically ill adult (<u>www.ics.ac.uk</u>) and the Whittington's "Transport of the Critically III Patient Guideline and Checklist"2013.
- 7.5 All patients in full spinal immobilisation must be transferred with portable suction immediately available.

> 8. Secondary transfer protocol

- 8.1 NELETN have developed a network wide protocol for secondary transfers to the MTC, see appendix 3 and 4.
- 8.2 Page 22 of the trauma proforma contains contact details for the MTC
- 8.3 The purpose of the protocol is to facilitate timely transfers of patients to the MTC for definitive care in a situation where this care cannot be delivered at the Whittington or when the patient requires tertiary care from multiple specialties.
- 8.4 Upon patient acceptance by the MTC, the LAS clinical coordination desk must be contacted to initiate a 'critical care transfer'.
- 8.5 Inter-hospital transfer mandates the presence of a suitably skilled and qualified clinician to accompany the patient to the MTC. This ensures not only the safest possible transfer but also a full and comprehensive handover at the receiving centre.
- 8.6 If the patient requires anaesthetic support for transfer to a secondary hospital the anaesthetist <u>must</u> discuss this with the anaesthetic consultant on-call prior to transfer.
 Detailed guidance is given in 'Guidelines for the transport of the critically ill adult', 2011, Intensive Care Society; which is available on the Trust intranet as well as the Whittington's "Transport of the Critically III Patient Guideline and Checklist" 2013.
- 8.7 Head injuries

All head injuries requiring transfer should be referred to the Royal London Hospital where they will be accepted via the ED automatic acceptance policy.

> 9. Burns

- 9.1 London and South east of England Burn Network (LSEBN) provide network wide guidance on the management of burns.
 - Trauma calls should be initiated for burns as per trauma call out criteria (appendix one).
 - Referral criteria differ for adults and children: The LSEBN have provided a guideline on burns in children and adults – see appendix 5.

- 9.2 LSEBN Children's burn referral guideline November 2010 appendix 5:
 - The referral criteria should be used as a guide only.
 - Where there is a child protection concern this **must** be discussed with the paediatric consultant on-call prior to transfer 24/7.
 - There will be a sub-set of patients who can be competently managed at the Whittington and may not need transfer, generally for burns <10% and not affecting 'critical areas'. If in doubt discuss with the paediatric consultant on-call.
- 9.3 Where to transfer to:

As part of the NELETN our burns centre of choice is Broomfield Hospital. However, it is acknowledged that there may be circumstances where the Chelsea and Westminster Hospital service may be more suitable. Both centres can be used from the Whittington.

9.4 Transfer documentation:

Should be completed on the LSEBN "Burns Transfer Information" document which includes guidance on fluid resuscitation. Copies will be held in the burns draw and in the trauma folder held in resus.

> 10. Patient handover

- 10.1 The team leader may, at an appropriate time, handover the care of the patient to an inpatient team.
- 10.2 The handover should be clearly documented in the trauma proforma detailing to whom the care has been assigned and any outstanding tasks/investigations.

> 11. Trauma team stand down

- 11.1 Members of the trauma team must only leave once stood down by the team leader.
- 11.2 The team leader may stand down the entire trauma team if the needs of the patient require emergency medicine input only.

> 12. Governance

12.1 Governance structure: The governance structure is shown in appendix 6.

12.2 Audit:

The Trust is a member of the Trauma Audit and Research Network (TARN). Patients presenting to the Whittington who fulfil the TARN inclusion criteria will be entered onto the TARN system. Main points:

- The Trust has a dedicated TARN steering group who identify, review and input data into TARN.
- TARN provides a statistical base to support clinical audit and development of the trauma service.
- TARN is a national trauma audit database which publishes its results in the public domain (on-line).
- TARN produces monthly clinical and quarterly comparative reports.
- TARN reports, prepared by the MTG, will be presented quarterly to the Clinical Governance committee.

In addition to TARN data the TARN steering group produces monthly reports looking at:

- Number of trauma calls per month
- Number of trauma call patients included in TARN
- Number of trauma call patients not included in TARN
- Number cardiac arrest calls which are related to trauma
- 12.3 Risk issues will be discussed as a standing item at all MTG meetings. The purpose of this is to review any specific risk issues and provide feedback where necessary. In addition risk issues will be escalated as appropriate. This does not replace the standard risk management procedures as established in the Trust.
- 12.4 Process for monitoring compliance with this guideline: The audit process as outlined in 12.2 will facilitate the identification of non-compliance, such as the non-attendance of key personnel at a trauma call. This will then be managed through the risk framework as described in 12.3.

> 13. Repatriation and Rehabilitation

- 13.1 As part of the NELETN the Whittington observes the network repatriation policy. This policy ensures timely transfer of patients from a Major Trauma Centre back to their 'home' hospital for continued care and rehabilitation.
- 13.2 Given the scale of issues involved in not just repatriation but also inpatient management and rehabilitation a separate guideline is being developed by the Trauma Rehabilitation Group and will not be covered in this guideline.

> 14. References

- 1. Department of Health (1999) *Saving Lives: Our Healthier Nation.* Stationary Office, London.
- 2. Royal College of Surgeons of England and the British Orthopaedic Association (2000) *Better Care for the Severely Injured.* Royal College of Surgeons of England, London.
- 3. American College of Surgeons Committee on Trauma (2004) *Advanced Life Support for Doctors, seventh edition.* American College of Surgeons, Chicago.
- 4. London Ambulance Service (2010) Major Trauma Decision Tree. London, HfL.
- 5. Healthcare for London (2009) Designation criteria for trauma centres. London, HfL.

> 15. Additional relevant documents/guidelines

- 1. Resuscitation policy: Available on the Whittington Hospital intranet
- 2. Major haemorrhage in adults 2010: Available on the Whittington Hospital Intranet.
- 3. Transport of the Critically III Patient Guideline and Checklist" 2013: Available on the Whittington Hospital Intranet.

> 16. Abbreviations and glossary:

- ATLS Advanced Trauma Life Support
- CT Computed Tomography
- ETC European Trauma Course
- FAST Focussed Abdominal Sonogram in Trauma
- LAS London Ambulance Service
- LSEBN London and South East Burns Network
- MTC Major Trauma Centre
- MTG Multidisciplinary Trauma Group
- NELETN North East London and Essex Trauma Network
- STU Specialist Trauma Unit
- TARN Trauma Audit and Research Network

> Appendix one

Criteria for activating a trauma call

Step	Assessment	Status	Action
Step one	Assess vital signs and GCS	 Cardiac arrest – activate cardiac arrest AND trauma team Respiratory rate <10 or >29 SaO2 < 90% Pulse >100 Systolic BP < 90 mmHg Unconsciousness >5mins or GCS <13 Children: Cardiac arrest – activate cardiac arrest AND trauma team Respiratory rate >40 Pulse >120 Cap refill >2 sec Unconsciousness >5mins or GCS <13 	Trauma call
Step two	Assess anatomy of injury	Chest injury with altered physiology Suspected pelvic fracture Two or more long bone fractures Suspected open and/or depressed skull fracture Spinal trauma suggested by abnormal neurology Traumatic amputation proximal to the wrist/ankle Trauma with facial and/or circumferential burns Time-critical burns (>20%) Children in addition to above: Fracture of one long bone Burns >10%	Trauma call
Step three	Assess mechanism of injury	 Penetrating trauma to neck, chest, abdomen, back, groin and buttock Traumatic death in same passenger compartment Person trapped under a vehicle including 'one unders' Bullseye windscreen and/or damage to 'A' post of vehicle RTA with roll over, extensive damage to vehicle, extrication time >20 mins or ejected from vehicle High speed RTA (>30 mph) Falls from a height > 1-2 metres Children in addition to above: Pedestrian child with speed >10mph Cyclist vs. car where child was knocked off bicycle 	Trauma call
Step four	Assess special circumstances	Patients who have sustained trauma but do not fit any of the criteria above but are: > 55years of age	Consider trauma call with ED MG/Consultant

Based on LAS (2010), ATLS (2004) and Royal College of Surgeons of England (2000)

CT WHOLE BODY TRAUMA PROTOCOLS

ALL WHOLE BODY TRAUMA CALLS TO BE DISCUSSED WITH RADIOLOGIST PRIOR TO SCANNING TO DETERMINE WHICH PROTOCOL IS REQUIRED.

URINARY CATHETER TO BE CLAMPED PRIOR TO PT LEAVING E.D

PROTOCOL 1: HAEMODYNAMICALLY STABLE TRAUMA PT

SCAN:

- 1. STANDARD HEAD CT
- 2. C-SPINE (C1-T1). REFORMATS: AX/SAG/COR BONE
- 3. CHEST/ABDO/PELVIS (C/A/P) POST IVC 150MLS @ 3ML/SEC
 - CHEST @ 25SECS POST IVC
 - ABDO/PELVIS (A/P) @ 65 SECS POST IVC

REFORMATS:

AX/SAG/COR T&LSPINE 2mm BONE (+coronal pelvis if pelvic trauma)

COR 3mm CHEST/ABDO/PELVIS SOFT TISSUE

PROTOCOL 2: HAEMODYNAMICALLY UNSTABLE TRAUMA PT (? BLEED)

SCAN:

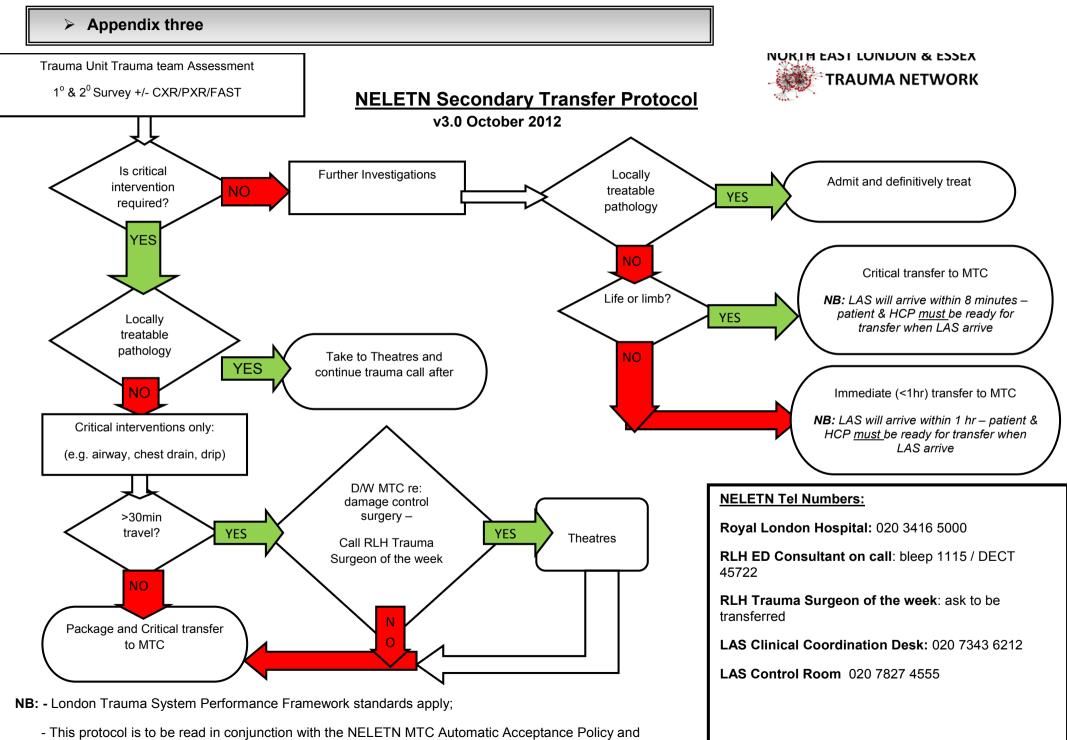
- 1. STANDARD HEAD CT
- 2. C-SPINE (C1-T1). REFORMATS: AX/SAG/COR BONE
- 3. CHEST/ABDO/PELVIS POST IVC 150MLS @ 3MLS/SEC
 - ARTERIAL C/A/P @ 25SECS POST IVC
 - PORTAL VENOUS A/P @ 65SECS POST IVC
 - DELAYED A/P @ 125 SECS POST IVC

REFORMATS:

AX/SAG/COR T&LSPINE 2mm BONE (+coronal pelvis if pelvic trauma)

COR 3mm C/A/P SOFT TISSUE

July 2011 – approved by the Whittington Radiology Board Based on the RCR guidance: Standards of practice and guidance for trauma radiology in severely injured patients, RCR 2011



London Trauma System Transfer of Care Policy

Level one – Haemodynamically stable – pathology can be met by local resources – investigate and treat locally – e.g. long bone fracture

Level two – Haemodynamically unstable single system injury (excludes unstable penetrating thoracic injury – see level 6) that can be dealt with by local resources – move directly to theatre – do not delay – trauma call can be continued post theatre – e.g. abdominal stabbing, blunt trauma to spleen.

Level 3 – Stable pathology requiring specialist intervention at MTC – not time critical – organise Immediate transfer via LAS – e.g. Max Fax trauma, burn

Level 4 – Time critical Pathology requiring specialist intervention at MTC – Organise Critical Transfer via LAS – e.g. Extradural requiring Neurosurgery, ischaemic limb

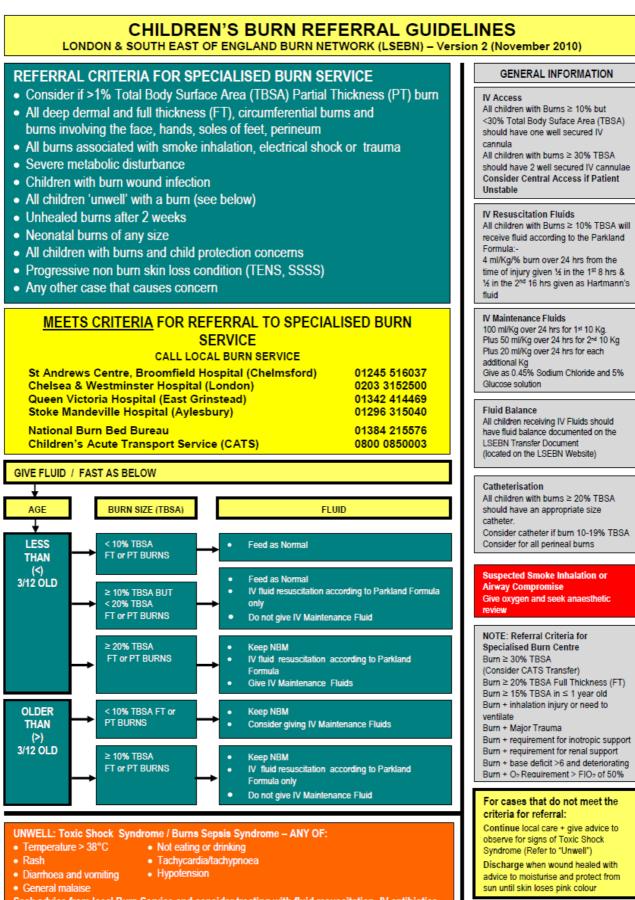
Level 5 – Stable patient with multisystem injuries – requires transfer to MTC – D/W Trauma Consultant re immediate/critical transfer.

Level 6 – Unstable multisystem trauma or unstable penetrating thoracic trauma that cannot be stabilized by the facilities available at the TU. These patient require immediate (critical) transfer to MTC for Interventional Radiology or Vascular/Trauma/Cardiothoracic surgery. The patient should be escorted by the most experienced doctor and nurse available. The decision to transfer will be made at consultant level by the receiving Consultant trauma Team lead at the MTC.

It is vital to understand that for Level 6 patients, time is of the essence. Early identification, packaging and transfer of these patients may be life saving. The doctor/Trauma team looking after the patient should consider the TU as a pre-hospital service. They should only perform interventions that meet the patients critical care needs (e.g. Intubation, thoracostomy, application of pelvic/limb splints) and package the patient to enable immediate critical transfer. Misplaced attempts to stabilize/ further investigate these patients prior to transfer are futile and will lead to delay and ultimately death of the patient.

NB. In TU's at the outer edges of the network, Level 6 patients may not survive the prolonged transfer required to reach the MTC. In these cases the MTC Trauma consultant will liaise with the MTC Trauma surgeon who will discuss with the on call surgical consultant at the TU the need for damage control surgery prior to definitive transfer.

Appendix four – Please note guidance in section 9 – Burns Where there is a child protection concern this <u>must</u> be discussed with the paediatric consultant on-call prior to transfer 24/7.



Seek advice from local Burn Service and consider treating with fluid resuscitation, IV antibiotics +/- FFP

LSEBN Published November 2010 www.lsebn.nhs.uk

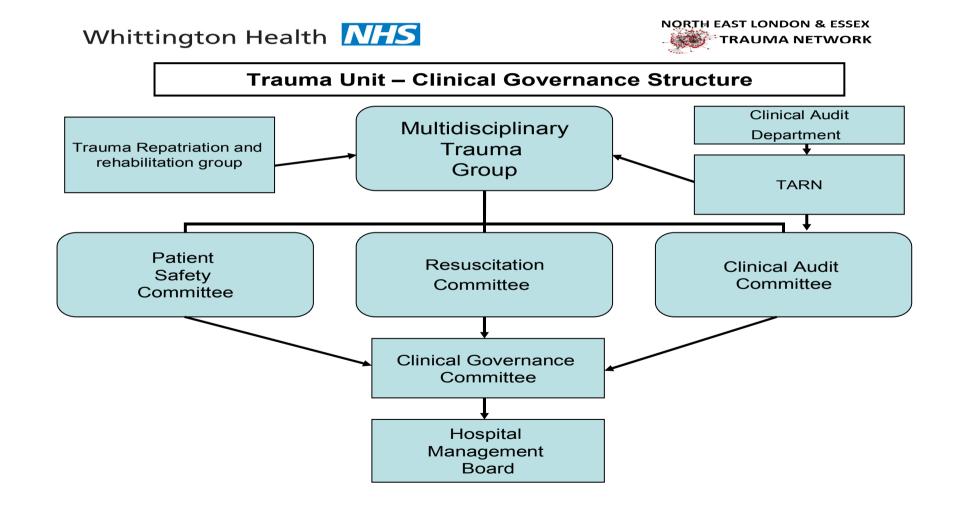
> Appendix four – Please note guidance in section 9 – Burns

Continue local care

Discharge when wound healed with advice to moisturise and protect from sun until skin loses pink colour

ADULT BURN REFERRAL GUIDELINES LONDON & SOUTH EAST OF ENGLAND BURN NETWORK (LSEBN) – Version 1 (November 2010)			
REFERRAL CRITERIA FOR SPECIALISED BURN SERVICE	GENERAL INFORMATION		
 Consider if >3% Total Body Surface Area (TBSA) Partial Thickness (PT) burn All deep dermal and full thickness (FT) burns All burns associated with electrical shock All burns associated with chemical burn All burns associated with non accidental injury All burns to face, hands, perineum, feet All burns circumferential to limbs or trunk or neck All burns not healed within two weeks Discuss with local burn service All burns with significant co-morbidity or pregnancy All infected burns Any other case that causes concern 	IV Access All adults with Burns ≥ 10% ensure secure IV access Consider Central Access and an Arterial Line if Patient Unstable IV Resuscitation Fluids All adults with Burns ≥ 15% TBSA should receive fluid according to the Parkland Formula:- 4 ml/Kg/% burn Hartmann's over 24 hrs from the time of injury giving ½ in the 1¤ 8 hrs & ½ in the 2rd 16 hrs. Discuss with burn service all patients where fluid overload is a concern, e.g. elderly or cardiac patient		
MEETS CRITERIA FOR REFERRAL TO SPECIALISED BURN SERVICE CALL LOCAL BURN SERVICE CALL LOCAL BURN SERVICE St Andrews Centre, Broomfield Hospital (Chelmsford) 01245 516037 Chelsea & Westminster Hospital (London) 0203 3152500 Queen Victoria Hospital (East Grinstead) 01342 414440 Stoke Mandeville Hospital (Aylesbury) 01296 315040 National Burn Bed Bureau 01384 215576	Catheterisation All adults with burns ≥ 20% TBSA or intubated, should have an appropriate size catheter. Consider catheter if burn 15-19% TBSA Consider for all perineal burns Fluid Balance All adults receiving IV Fluids should have fluid balance documented on the LSEBN		
For cases that do not meet the criteria for referral:			

(located on the LSEBN Website)



Appendix A

Plan for Dissemination and implementation plan of new Procedural Documents

To be completed and attached to any document which guides practice when submitted to the appropriate committee for consideration and approval.

Title of document:	Trauma management –	Care of the inj	ured patie	nt
Date finalised:		Dissemination lead: Print name and contact details		Ext 3628
Previous document already being used?	Vee			Bleep 2859
If yes, in what format and where?	Guideline - Intranet			
Proposed action to retrieve out-of-date copies of the document:	Delete previous copy from intranet			
To be disseminated to:	How will it be Paper or bisseminated/implemen or Electronic when?		ts	
All specialities involved in trauma care	Trauma lead members of the MTG Induction	Both		
Is a training programme required?	On-going – trauma training programme by speciality and trauma simulation			
Who is responsible for the training programme?	Multiple – resuscitatior department and specialities	1		

Acknowledgement: University Hospitals of Leicester NHS Trust

Appendix B

Equality Impact Assessment Tool

To be completed and attached to any procedural document when submitted to the appropriate committee for consideration and approval.

Impact (= relevance) 1 Low 2 Medium 3 High	Evidence for impact assessment (monitoring, statistics, consultation, research, etc	Evidential gaps (what info do you need but don't have)	Action taken to fill evidential gap	Other issues
Dischille				
Disability	1			
Gender	1			
Age	1			
Sexual Orientation	1			
Religion and belief	1			

Once the initial screening has been completed, a full assessment is only required if:

- The impact is potentially discriminatory under equality or anti-discrimination legislation
- Any of the key equality groups are identified as being potentially disadvantaged or negatively impacted by the policy or service
- The impact is assessed to be of high significance.

If you have identified a potential discriminatory impact of this procedural document, please refer it to relevant Head of Department, together with any suggestions as to the action required to avoid/reduce this impact.