Whittington Health NHS

#### Patient story to the Board

## David

### Flory Mathie and Melissa Webber-Islington REACH



#### Who we are

Whittington Health NHS

Integrated health and social care multi disciplinary team specialising in older adults.

Screening service for intermediate care facilities in Islington and out of borough SPOT beds, daily teleconferencing.

Pilot project in reach service into Whittington Hospital.

Provision of inpatient rehabilitation at Mildmay and Cheverton lodge rehabilitation units:

-MDT assessment

- -Personalised goal setting
- -Home exercise programme/daily living activities practice
- -Discharge planning/ referral on to community services

## When we met David

Whittington Health **NHS** 

We received a referral from Royal Free Hospital for inpatient rehabilitation 3<sup>rd</sup> Dec 2013.

Assessed on the hospital ward by Mildmay staff and Reach Occupational Therapist the next day and accepted for inpatient rehab at Mildmay

Transferred to the unit on the 5<sup>th</sup> Dec 2013



I am able to mobilise independently with a stick indoors

- I can wash and dress myself independently I can prepare a hot drink and breakfast independently
- I can transfer in and out of bed independently I can toilet independently
- I can manage one flight of stairs independently I can write independently using modified equipment.
- I am able to mobilise independently outdoors.





# We'd like to introduce David to tell his story





#### Questions





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