



The breast multidisciplinary team

A patient's guide



The Breast MDT

This team consists of:

Surgeons

- Ms Mahwash Babar
- Ms Irene Athanasiou
- Mr Petros Charalampoudis

Medical Oncologists

- Dr Emma Spurrell (Lead for Breast Services)
- Dr Mulyati Mohamed

Clinical Oncologist

- Dr Thomas Richards

Pathologist

- Dr Su Ramachandra

Radiologists

- Dr George Stasinou (Lead or Breast Services)
- Dr Melissa Hickson
- Mrs Anuma Shrestha
- Ms Sian Tilsley
- Dr Maaret Ojalehto
- Dr Carla Papagiorcopulo
- Dr Vasileios Korakis

Breast Cancer Nurse Specialist

- Elizabeth Tamufor
- Renata Rowicka
- Sarah Litchfield

Research Nurse/Practitioner

- Lauren Booker

Breast Stratified Pathway Coordinator

- Emilia Risvegna

MDT Coordinator

- Che Johnson

Please note that local parking is limited and you should consider using public transport in case the time you are in clinic for may exceed the allotted parking time.

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or

whh-tr.whitthealthPALS@nhs.net

Macmillan information centre and patient advice and liaison service (PALS) are both located in the main foyer

If you need a large print, audio or translated copy of this leaflet please contact us on 020 7288 3182. We will try our best to meet your needs.

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Date published: 18/12/2020

Review date: 18/12/2022

Ref: SC/Oncol/BMDT/03

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What is a multidisciplinary team?

A multidisciplinary team (MDT) consists of a group of doctors and other health professionals - with expertise in a specific cancer - who together discuss and manage an individual patient's care.

They plan the treatment that's best for you.

Who is in the multidisciplinary team?

The breast MDT consists of:

- Surgeons
- Radiologists (specialist in x-rays and related scans)
- Histopathologists (doctors who make their diagnoses from tissue samples)
- Oncologists (doctors specialised in chemotherapy and/or radiotherapy)
- Breast cancer nurses (also called key workers)
- Research nurses or practitioners
- MDT Coordinator and Stratified Pathway Coordinators

What types of treatment can be offered?

Depending on an individual patient's circumstances the types of treatment that can be offered are:

- Surgery – at Whittington Hospital
- Hormone therapy – at Whittington Hospital
- Chemotherapy – at Whittington Hospital
- Radiotherapy – at University College London Hospital or Royal Free Hospital and North Middlesex Hospital
- Reconstructive surgery – at University College London Hospital or Royal Free Hospital

When the MDT meets, they consider each of your scan and test results that you have had since your cancer diagnosis. This helps them to plan the treatment that is most effective for you, taking into account your age, general health, the cancer stage (extent of the cancer) and its grade (aggressiveness of the cancer).

They also consider your psychological and social needs and ensure these are also met during your treatment journey.

MDT discussion

At the end of the discussion, the MDT will usually recommend a treatment plan or option. Your consultant will discuss this with you along with the other nurses caring for you, taking into consideration your thoughts and wishes.

You are welcome to bring a friend or relative to this appointment if you would like to.

Cancer nurse specialist (CNS)

The cancer nurse specialists for the Breast MDT are:

- Elizabeth Tamufor Tel: 078 6737 2712 or 020 7288 5374
- Renata Rowicka Tel: 079 2023 6824 or 020 7288 5147
- Sarah Litchfied Tel: 0207 288 5296

Should you wish to discuss any of the MDT decisions please contact them on the above telephone numbers.

For appointment and oncology queries please contact the Patient Pathway Coordinator Ms Surayyah Khouri on 020 7288 3888.

Please see the CNS leaflet for further information.