

Children and young people's weight management clinic

Whittington Health
Magdala Avenue
London
N19 5NF
Phone: 020 7272 3070


Date published: 06/08/2012
Review date: 06/08/2014
Ref: ISI/WMC/1

©Whittington Health

Please recycle 

A patient's guide



.... caring for you 

Who is the clinic for?

The clinic is for babies, children and young people, aged up to 18 years, who live in Islington and whose weight has been described as 'obese' by a doctor, nurse, health visitor or school health advisor.

Are you worried about your child's weight and health?

Are your child and family finding it hard to change unhealthy habits?

Are you worried that your child binge eats, craves for food or feels sad or depressed because of his/her weight?

What is the service about?

In this service a family therapist and a dietitian work together. Family therapists are used to talking to families about their problems and exploring what has helped before or is not working at present.

They can help families by thinking and talking together and with changing behaviours. Dietitians help people make healthy choices with food, drinks and activities. Family therapists and dieticians are used to working with all kinds of families and helping people take small steps towards their goals.



How do I get an appointment?

Your GP, practice nurse, health visitor, school health advisor or any healthcare professional can refer you to the service.

We will then send you an appointment. If you need an interpreter we will arrange this.

Where is the clinic?

Northern Health Centre,
580 Holloway Road,
London
N7 6LB.
Clinics are held on Thursday's.

For more information you can telephone
Sharon Noonan – Gunning
020 3316 8871