

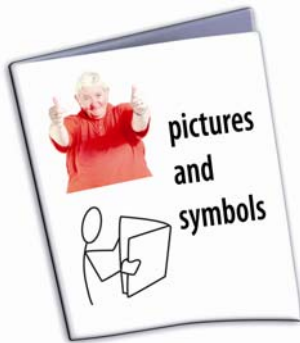
# **Haringey Learning Disability Partnership Board**



## **Keeping Healthy Delivery Group Action Plan 2011- 12 Easy Read version**



# 1 Helping people to understand their health and what they can do to stay healthy



Further develop accessible information  
Train staff around using easy read information  
Train staff in communication with people who have learning disabilities and autistic spectrum disorder



Make sure any health need identified has been addressed and follow up any short fall. Develop audit tools linked to health action planning to measure effectiveness of services in meeting the health needs of people who have learning disabilities.



Train colleagues in acute and primary care in the use of social stories so they can use these with people accessing their services



Use the feedback from the DH research to identify whether the health checks and health action plans have helped people to be healthy and identified any unmet health needs.



Continue offering both group and individual therapy, as well as collaborating with other members of the MDT to provide a joined-up treatment approach.

Set up a service/staff therapy group at another of the Day Centres.



Monitor the number of complaints received by the Whittington see if they reduce following the introduction of their new easy read leaflets.



Provide leaflets and written information on importance of maintaining/achieving appropriate body mass index to service users, carers, GPs, community support workers and all bodies that will be involved with this health promotion exercise.

Provide strategies and exercise protocol that can make the goal a total success.



Review and audit the impact of the sessions on peoples health awareness

## 2 Helping people who work in health and social care services to understand the communication, health and support needs of people who have learning disabilities and people who have autistic spectrum disorders



Develop more specific training around issues raised by health staff including GPs



Develop information and training for social care staff about the health needs of people who have learning disabilities and people who have autistic spectrum disorders



Review and audit the impact of the sexual health pathway



Review delivery of health promotion sessions and outcomes achieved.



Continue to work collaboratively and maintain regular input of champions from each health service in Keeping Healthy Delivery Group



Provide training to staff working in day services and the community



Continue to support the residential service to develop PCAS in practice



Provide training around more specific hands on and handling in water, to ensure people gain the maximum benefit from hydrotherapy treatment.



Audit of interventions provided to solve lack of motivation of support workers towards physiotherapy program for service users  
Review future results of feedback questionnaire, measure impact of previous solutions and intervention and progress interventions accordingly



Home and Day centre physiotherapy assessment for all service users; increase of involving home carers more in physiotherapy program.  
Continue intensive 1:1 training and supervision where necessary to support workers to tackle issue of lack of confidence.



Continue to provide training for staff and service providers on a rolling basis



Deliver more formal specific training to staff in day and residential services around eating and drinking difficulties (Dysphagia)





Provide training for social work teams around the needs of parents who have learning disabilities  
Develop and publish training materials for health and social care staff working with parents with learning disabilities

### 3 Helping local hospitals to improve the health care they give to people who have learning disabilities and people who have autistic spectrum disorders



Continue to provide ongoing support and advice to hospital staff  
Review impact of the strategies in both Trusts  
Measure outcomes of having Champions identified  
Evaluate the impact of the training



Ensure the acute liaison nurse at the Whittington works closely with the Dementia Nurse so that where the reasonable adjustments are similar work can be carried out that fulfils the needs of both groups of patients.



Monitor the number and types of incidents involving LD patients at the Whittington to see if overall numbers change, and to identify any trends so that improvement work can be targeted to those areas.



Develop audit tool to audit the outcomes for people being treated using the new triage pathway.  
Jointly review the introduction of the triage tool at the Whittington hospital and publish the findings.





Work with Trust Board leads and Trust working groups to improve the quality of the health care they provide to people who have learning disabilities



Maintain ongoing partnership working with members of all LD health working groups in local Trusts



Develop and publish a list of LD health champions for all local health services



Explore ways for primary and acute health care providers to identify people who have learning disabilities when appropriate, to enable hospital staff to make reasonable adjustments

Develop cross sector groups to look at compatible IT strategy and shared training initiatives.

Ensure that discharge planning teams are involved in the discharge planning for every admission of a person with learning disability into hospital

Send the decision making and best interest pathways to the Medical and Nursing Directors in the local hospitals

Develop further training for doctors and nurses and other hospital staff about their attitudes to people who have learning disabilities and people who have autistic spectrum disorders and their quality of life



## 4 Telling people what sort of services we might need in the future to meet the health needs we find when we do health action plans



Use the results of the audit on waiting lists to improve the effectiveness of the music therapy service



Develop a process for future health needs to be reported to Keeping healthy Group so that this can be added to the agenda as a standing item for discussion.

Talk about the future health needs that people write down, at the Keeping Healthy Group and send information about these every few months to people who plan and buy services at the PCT, the Local Authority, other health Trusts and the Partnership Board

## 5 Teaching people about health action planning and health facilitation



Run training for health coordinators and health facilitators

Run training for GPs about health action planning

Run lots of training about health action planning for people who have learning disabilities and people who have autistic spectrum disorders and their families and carers

Re-audit take up of health action planning and include questions that identify whether there is a link between the outcome of health checks and HAP

## 6 Helping people with learning disabilities and people who have autistic spectrum disorders and their families unblock any problems they have in accessing good health care



Create an information resource about health services, what they do and who is eligible to access them



Ensure future action plans are based on the best information and practices



Develop a care pathway for people who have complex needs to reduce barriers to care and to enable speedy access to the right health at the right time



Develop specialist LD team capacity to assess and treat sensory processing difficulties as demand is greater than supply.



Undertake needs assessment of parents with learning disabilities in Haringey

## 7 Working with the PCT to develop appropriate outreach, or new service models to ensure that people with Learning Disability and people who have autistic spectrum disorders receive at least the same standard of healthcare as everyone else



Set up the complex health needs team over the next few months as people move into new respite arrangements and nurses are freed up to undertake their new roles around supporting people with serious and complex health issues



Monitor the effectiveness of the Assessment and Intervention team in working with people when their placements are at risk of breaking down or when the impact of their behaviour is causing significant risks that need intensive assessment and support.



## 8 Helping people to have good mental health



Audit the nurse led clinic pilot to identify health outcomes and effectiveness Develop training about learning disabilities and autistic spectrum disorders for people who work in mental health



Raise awareness on the additional needs of people with learning disabilities within mental health services.



Improve mental health services for people who have learning disabilities and people who have autistic spectrum disorders services.



Review changes that have been made in response to the findings from the Green light toolkit



Review outcomes from the BEHMHT working group.



Develop a dementia care pathway

## 9 Helping people who live outside the Borough to have good health (e.g. out of area residential care, residential colleges or schools or in special hospitals or prisons)



Develop health action plan review as part of the general annual health and social care review process

Ensure good ways of reviewing continuing health care needs.

Enable people to have specialist health care provided close to home where appropriate

Develop pathway to enable people who have continuing health care needs to access personal health budgets as part of the DH pilot on introducing personal health budgets

## 10 Helping young people who are moving into adult services to have good health



Develop link roles with young peoples services in the adult learning disability health team



Identify a link/liaison person for all health referrals from Transition to adult services



Develop a joint action plan for working with parents who have learning disabilities

# 11 Making sure we work towards improving peoples health in line with the NHS London 'Top Targets'



*Target 1 – Plans are in place to meet the needs of people who are no longer receiving treatment which requires in-patient care in an acute/long-stay residential facility or hospital*

*Target 2 – PCTs are working closely with the local Partnership Board and statutory and other*

*partners, to address the health inequalities faced by people with learning disabilities.*

*Target 3 – People with learning disabilities who are in services that the NHS commissions or provides, are safe.*

*Target 4 – progress is being made in the health service reforms and development described in*

*'Valuing People Now'*



Continue to review recommendations from Scrutiny committee as part of the agenda in Keeping Healthy group meetings and develop new work areas as necessary  
Look at Valuing People Now as part of the agenda in Keeping Healthy group meetings and develop new work areas as necessary



Review how people are doing if they have been in hospital for more than 6 months



Work with people who have been in hospital for over 6 months and their families and carers, to make sure they have a good person centred care plan and good plans for discharge to a suitable home



Share information with Primary Care about the particular health needs of people who have LD and ASC in Haringey



Develop a work plan with Public health and primary care providers to ensure key health areas are targeted for better health care in particular complex health needs, dysphagia and epilepsy



Identify outcomes of DES training in relation to uptake of annual health checks and provide ongoing training and support to primary care providers to ensure people have health checks and good health care





Work with Lead GP to develop primary care processes around commissioning and improving health services for people who have LD and ASC



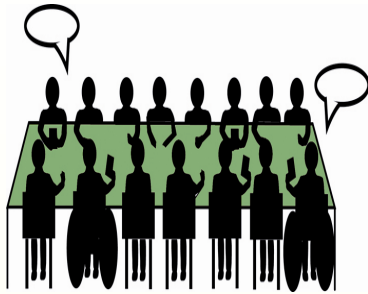
Work with lead GP to improve information and training around LD and health across primary care services in Haringey



Work with Lead GP to develop reasonable adjustments in screening and primary care services



Safeguarding adults lead from NHS Haringey will join KH delivery group and provide a regular report on how well we are doing in keeping people safe and in making sure staff are trained and knowledgeable



Ask local Trusts to provide copies of their 6 monthly Board reports on how they are meeting the needs of people who have learning disabilities and to review and comment on these through the Partnership Board



Review complaints received about the healthcare of people who have learning disabilities and support the development of action plans to ensure people have their health needs met



Recruit a person who has learning disabilities to Co-Chair the Keeping Healthy delivery Group