



Roses Day Care

A Patient and Parent/Carers Guide

Roses Day Care Unit has seven beds, including two cubicles and one bay. The unit can be found on the fourth floor next to Ifor Ward (the children's inpatient ward). It is for patients who have made appointments in advance. These appointments might include:

- Blood transfusions
- Dental, Orthopaedic and Urology surgery
- Endocrine investigations and treatment
- MRI scan under sedation (a drug is given to relax the patient)
- Oncology treatments

Arrival

- On arrival you will be greeted by a member of the nursing team.
- You/your child will be asked to wait in the play area or go to a bed space.
- We will confirm the reason for your appointment, as well as your child's personal details such as name, date of birth, home address and contact telephone number.
- Your child's clinical vital signs will be checked and recorded, if necessary.
- Your child's measurements will be taken including weight and height/length, if necessary.
- Your child will be offered a numbing cream (to prevent any pain from the procedure) if required/necessary.
- Your child may have a cannula (small tube) inserted into their vein, this is for either taking a blood sample or for medication or a blood transfusion.
- Your child may be reviewed by a doctor to ensure they are fit to have certain procedures such as surgery or MRI under sedation.
- If you need to go to another department within the hospital, you and your child will be accompanied by a member of the Nursing team or a Play Specialist.



- Many children will be discharged by the Nursing team, but some will be reviewed by the appropriate medical/dental/surgical team.
- There are many different medical teams that see their patients in Roses Day Care Unit. These include Acute Paediatrics, Dental, Orthopaedic, Oncology, General Surgery and Urology.

Facilities

- We provide an indoor and outdoor play area where a team of Play Specialists work with the children. They help to provide distraction and prepare them for medical and surgical procedures. Toys are available for all ages - please ask the Play Team. If your child has a comforter/favourite toy, please bring this with you.
- No food is allowed anywhere in the play area. This is because there may be other children there who have food allergies or who are fasting before surgery, but also to prevent the spread of infections.
- The hospital school room opens from 9:30am to 3:15pm during term time.
- There are toilets and baby changing facilities.
- We have a small supply of formula milk and nappies for babies, although parents should bring these with them.
- There is a parent's kitchen on the children's ward (Ifor). You can help yourself to tea, coffee, milk, and biscuits. There is also a fridge where you can keep your own food.
 Please label your food with your child's name and bed number, as well as the date.
- On level 1 you will find
 - The N19 Restaurant (Monday-Friday: 7am 3pm)
 - The Muffin Break Coffee Shop (Monday- Friday: 7am 6pm. Weekends: 8am 5pm)
 - The XLNT Café (Monday-Friday 6am 5.15pm. Weekends: 8am 2.15pm)
- Ask a member of staff where the closest vending machines are located.
- Free Wi-Fi is available.



- There is a small chapel and a multifaith room in the hospital. Ask your Nurse for details.
- There is no parking at the hospital. There are very limited pay and display spaces outside the hospital.
- An interpreting service is available, please ask your Nurse if you require one.
- Roses Day Care Unit is an important part of our Acute Paediatric Service. It is Nurse-led, supported by Doctors and Children's Nurse Specialists.
- The Roses Day Care's Nursing Team includes a Ward Manager, Paediatric Staff Nurses and Nursing Associates.

What to bring for your child

- Comfortable clothing, nappies and any medication your child is currently taking.
- Your child's favourite toy, a dummy, and a bottle.
- Only bring essential items as there is very little storage in Roses Day Care Unit.
 Do not bring any valuables with you as the hospital cannot accept responsibility for loss or damage to personal property.
- You are welcome to use mobiles/tablets/laptops in Roses Day Care Unit.
- Only one parent/carer/relative to be with the child during their stay on Roses Day Care Unit unless there are special circumstances.

Going Home

- You will be given a discharge summary, and any medication your child will need, as well as any dates of follow up appointments.
- Staff will inform your GP of your child's admission and will contact the Community Nursing Team if your child requires any support and/or further treatment at home.



Contact details

For further information or if you have any questions, please call Roses Day Care Unit on **020 7288 5630.**

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or <u>whh-tr.PALS@nhs.net</u>

If you need a large print, audio or translated copy of this leaflet please email <u>whh-tr.patient-information@nhs.net</u>. We will try our best to meet your need

Twitter.com/WhitHealth Facebook.com/WhittingtonHealth Whittington Health NHS Trust Magdala Avenue London N19 5NF Phone: 020 7272 3070 www.whittington.nhs.uk

Date published: 21/02/2025 Review date: 21/02/2027 Ref: CYP/AcuPaeds/RosesDC/01

© Whittington Health Please recycle

