# WHITTINGTON HEALTH LIBRARY

#### **Opening Hours**

- A
- Monday to Thursday
  9am to 7pm
- Friday 9am to 5pm

Close on Mon, 28 Aug

### Welcome Back UCL Students!

It is wonderful to fully welcome back our UCL medical students now that their timetables are back to normal, postpandemic. In particular, we see them using our Wellbeing Room frequently, enjoying the quiet peace that the room provides during this hectic exam period. Have you visited our Wellbeing Room? It was created for all Library members in the memory of our dear Whittington nursing colleague, Mike Clift, who sadly died under tragic circumstances, several years ago. It's a safe, quiet space that all staff can use, to grab some time away from the busy work place, and look at the art work, relax on a huge beanbag and read something uplifting. Do please find the time to come over to the Library space in the Highgate Wing and check out this space designed with your wellbeing in mind.





Did you know that we now provide monthly, quickfire, hour-long training sessions about Health Literacy and the people who are impacted by having low health literacy? In this hour-long session you will have your awareness raised and learn about how you, as a clinician, can help your patients, raise their health literacy comprehension and improve the future of their long-term health. This session is available to all NHS staff from both Whittington Health and C&I.

Information of these sessions can be found <u>here</u> on the Library web page and you can sign yourself up to any of the sessions available. All sessions are delivered via Microsoft Teams.

Assistant Librarian Catherine Wardle, has also been very busy delivering in-person Health Literacy training to various groups of staff across the Trust, from Specialist registrar's to newly qualified staff. This training is imbedded in the Preceptorship course at the Whittington and delivered every few months to newly qualified staff as part of their communications component.

If you think your Team might benefit from a bespoke training session, please contact the Library at <u>whl@nhs.net</u> and we will contact you to arrange a convenient time.

Finally, as part of her Health Literacy work, Catherine has recently been in contact with several interested departments at the Whittington to discuss overhauling the patient information content available within the Trust. The first meeting of the working group convenes this week! We'll report back on our progress.

# **NEWSLETTER JULY 2023**

## C&I – Highgate East and New Laptops!

We look forward to welcoming our colleagues from Camden & Islington NHS Foundation Trust to their new site at the Whittington this coming winter. The new flagship inpatient building at Highgate East will be replacing the ageing wards at St Pancras Hospital. We have watched its construction over the past year with welcoming eyes and hope to see many of our mental health colleagues in the Library space in the future. The timing for their arrival couldn't be better, as we have just received a fresh delivery of new C&I networked laptops for staff to use in the library. C&I wifi is available throughout the library space as is free printing, photocopying and scanning.



## DIVERSITY

We're delighted to announce the launch of our library's monthly Diversity and Inclusion Bulletin. Aligning with our Diversity and Inclusion team's inclusive calendar, it aims to foster a rich, diverse, and inclusive trust culture. Each month, we'll share valuable resources focus on specific themes of diversity and inclusivity. Our bulletin will appear monthly on our noticeboard and provide an opportunity for our staff to learn, celebrate and understand the unique differences that make our community vibrant and dynamic.



#### **Upcoming Training**

AN INTRO. TO LIB SERVICES		
9 Aug, 13 Sep 13-13:30		
FINDING THE EVIDENCE		
25 Jul, 3 Aug, 15 Sep 10-11		5-Sep -12
CRITICAL APPRAISAL OF QUANTITATIVE RESEARCH		
1 Aug, 14 Sep 01 S		
10-11	11-12	
CRITICAL APPRAISAL OF QUALITATIVE RESEARCH		
	Sep	27 Sep
9:30-10:30 10	):30-11:30	0 10-11
HEALTH LITERACY		
19 Jul, 18 Sep 18 Aug		
10:30-11:30	11-12	
BMJ BEST PRACTICE/UPTODATE		
20 Jul 8 /	Aug	13 Sep
10-10:30 10	0-10:30	10-10:30

## **NEWSLETTER JULY 2023**

## Our Survey 2023 SS

The recent library survey has brought to light significant insights about our library services and facilities. Appreciation was expressed for the flexibility of the library space, offering two bookable spaces for collaborative activities like Teams/Zoom calls and revision groups, while maintaining the rest of the space for quiet individual study. Positive feedback was received on our non-clinical collections focusing on wellbeing and equalities. The reopening of the Wellbeing Room was met with anticipation. Additionally, specific book requests were noted and orders are being placed to fulfil them. Even in the face of budget constraints, the library remains committed to accommodating recommendations to enhance the breadth and depth of our collections.

Excellent service. I have virtually no time to physically come to the library, having the van sending the book to me has been really helpful. In one occasion the book was not in the catalogue and staff bought the book. 5 stars!!! (CANDI Clinical Psychologist)

They have had an extremely positive impact particularly around patient care and professional development but also service development. The services offered by the library are one of the best things about working for Whittington (Whittington Health – Community-based Speech & Language Therapist)

Wellbeing room is really nice and a good feature, I wish other libraries had one. Good place to talk with friends about difficult times etc (UCL Medical student)

The personalized Knowledgeshare resources are excellent and welltailored keeping me up to date. (Whittington Health - Chief Biomedical Scientist)

I like the space and that there are books on the shelves on current topics like Black history month or mental health self-help books (Whittington Health - Allergy CNS)

Always so helpful and effective at collating the research I need to ensure I can deliver evidence based practice. Thank you for everything you do. My team really appreciate you. (Whittington Health – Communitybased Occupational Therapist)