

Contacting us:

 **0207 527 1501**

Our address:

Islington Outlook Centre
133 St John's Way
London
N19 3RQ

Other useful contacts:



Camden & Islington Wheelchair Service:

Tel: 020 3317 5040

Email: candi.wheelchairservice@nhs.net



Medequip (equipment service):

Tel: 020 8709 7050 (North East London)



Stroke Association

Claire Salugao (Stroke Recovery Coordinator)

Email: Claire.salugao@stroke.org.uk

Helpline: 0303 3033 100

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or

whh-tr.whitthealthPALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please contact us on 020 7288 3182. We will try our best to meet your needs.

[Twitter.com/WhittHealth](https://twitter.com/WhittHealth)

[Facebook.com/WhittingtonHealth](https://facebook.com/WhittingtonHealth)

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Date published: 27/01/2021

Review date: 27/01/2023

Ref: ACS/ICNRT/IESDSS-AFV/01

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Islington Early Supported Discharge (ESD) Stroke Service

A patient's guide



Aphasia Friendly Version

You have been referred to the **Early Supported Discharge (ESD) for Stroke team.**

We help people who have had a **stroke.**

After stroke, some things may be more difficult.

We can help you with:

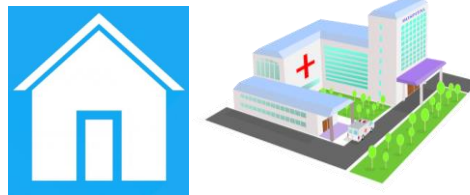
- Moving and walking
- Speaking
- Swallowing
- Daily tasks
- Getting back to work
- Emotional support

Who works in our team?

- Physiotherapist
- Occupational therapist
- Speech & Language therapist
- Clinical psychologist
- Rehabilitation Assistant

What can we offer?

We provide therapy in your own **home or community settings.**



This can be **in-person**, over the **phone** or by **video call.**



Appointments can be on **Monday-Friday.**

6-week programme.
Then, more support after if needed.

What happens next?

First 24 hours home:
We call you to book an appointment.



Within 3 working days:
A therapist completes your first assessment.



Then-
We make a treatment plan.
This includes rehabilitation goals.