



FibroScan

This information sheet has been given to you to explain what a FibroScan involves and why it is being recommended for you.

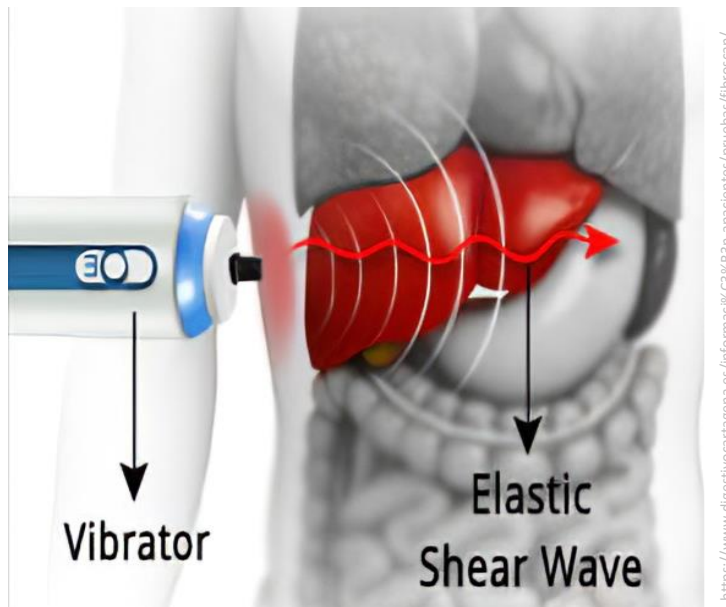
If you have any questions or concerns, please do not hesitate to speak to a nurse or doctor caring for you.

What is a FibroScan and why do I need it?

A FibroScan is a type of ultrasound that can measure the fats and scarring in your liver.

It is a simple, **painless** test that uses high frequency sound waves. It is fast and easy exam (5-10 minutes).

Your doctor recommended that you have this test to help us understand the condition of your liver.



What are the benefits of this scan?

- Painless and non-invasive
- Gives immediate results
- The examination can be safely repeated in case close follow up is needed

Preparing for the procedure

In order to obtain accurate results from your Fibroscan assessment, you should **NOT** eat anything for **3 HOURS** before the scheduled time of assessment.

During this time you should take clear fluids only.



сго: <https://www.medindia.net/>



What does the Fibroscan examination consist of?

- You lie on your back, with RIGHT arm raised behind your head.
- The examiner will apply a water-based gel to the skin and places the probe with a slight pressure.
- The examination includes 10 consecutive measurements made at the same location.
- The result is delivered at the end of the examination, it's a number which can vary from 1.5 to 75 kilopascal (liver median stiffness, kPA) and 1- 200 (liver fats, CAP median).



What does the result mean?

Your physician interprets the results according to your history and underlying disease.

Additional references

<https://www.fibroscan.com/en/>

Gastroenterology and Endoscopy Department
Emergency and Integrated Medicine
Whittington Hospital, Magdala Avenue
London N19 5NF
0207 288 5482



My Fibroscan Results

Date: _____

Liver stiffness median (kPA): _____

CAP Median: _____

My Notes:

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or whh-tr.whitthealthPALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please contact us on 020 7288 3182. We will try our best to meet your needs.

Twitter.com/WhitHealth
Facebook.com/WhittingtonHealth

Whittington Health NHS Trust
Magdala Avenue
London
N19 5NF
Phone: 020 7272 3070
www.whittington.nhs.uk

Date published: 31/03/2020
Review date: 31/03/2022
Ref: EIM/Gastro/FS/01

© Whittington Health
Please recycle

