

Activities to Encourage Building Attention

Bubbles: Call your child's name and wait for them to look at you before blowing bubbles. Have fun watching the bubbles together. You can practice clapping, popping and stamping on the bubbles. Label the actions as you play e.g. "pop, pop, pop" or "clap, clap, clap".

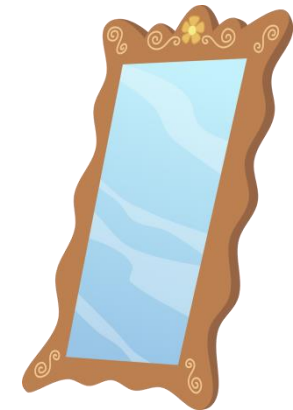


Parachute: Try and find a small and colourful scarf or shawl at home. Encourage your child to hold on to one side of the shawl/scarf. Have fun moving it up and down. Wait for your child to look at you before shaking the shawl/scarf from side to side. (try a song with the activity "Here we go up, up, up...here we go down, down, down,...here we go up, up, up and ...pause.... shake it all around")

Telescope: Try and find an empty kitchen roll tube (you can decorate the tube in wrapping paper to make it more exciting!) and have fun looking at each other through the tube.



Mirror: Enjoy making funny faces with your child in front of the mirror. You can try and copy your child's expressions and watch and wait to see if they can copy yours too!



Action songs: Try and sit facing your child. Have fun singing nursery rhymes with actions (e.g. "Zoom Zoom", "Row Row your Boat" and "Sleeping Bunnies"). When your child has become familiar with the songs, leave pauses and wait for them to fill in the gap - they may respond to the pause by using words, looking at you or smiling to request more of the song!



Tickling game: Use finger puppets, colourful gloves or feathers to play tickling games with your child. Wait for your child to give you eye contact before giving more tickles.



Ready Steady Go: Take turns with your child when placing skittles on the floor or placing bricks to make a tower. Say "ready steady go" and wait for your child to look at you before rolling a ball to knock down the building blocks or skittles.



Musical Instruments: Have fun with your child to tap on pots or pans at home. You can also fill tubs with dry rice or lentils and have a go at shaking these! Turn this into a **stop/go** game by saying "stop" and waiting for your child to look at you before saying "go" and continuing to tap or shake the homemade instruments!

