

How to contact us

Proactive Ageing Well Service (PAWS)

15B Hornsey Street

London N7 8GG

Telephone: 0203 316 8795

Email: whh-tr.PAWS@nhs.net

Please contact our team for any follow up enquiries regarding our visit or our service.

Contact your GP for any routine health concerns.

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or

whh-tr.whitthealthPALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please contact us on 020 7288 3182. We will try our best to meet your needs.

[Twitter.com/WhitHealth](https://twitter.com/WhitHealth)

[Facebook.com/WhittingtonHealth](https://facebook.com/WhittingtonHealth)

Whittington Health NHS Trust

Magdala Avenue

London

N19 5NF

Phone: 020 7272 3070

www.whittington.nhs.uk

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Proactive Ageing Well Service

(PAWS)

Working in partnership
with GP practices

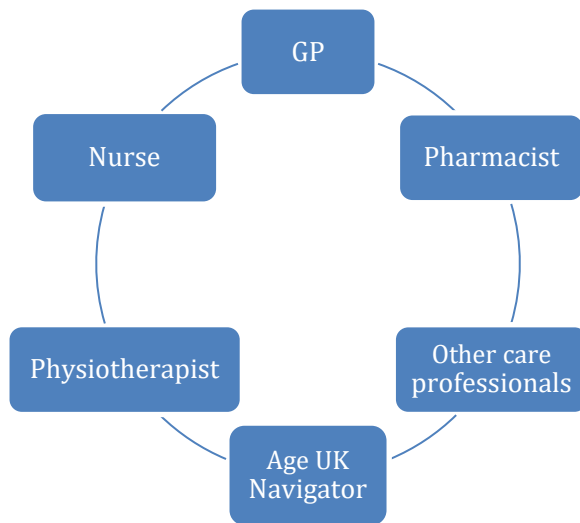


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Who are we?

We are a community team working with your GP surgery. We help people get the care and support they need to stay well and live independently at home.



How does it work?

Your GP has asked us to contact you as they think you may benefit from our service.

Phone assessment

- First we will call you to talk about how you are doing and if our team can help you.

Face to face assessment

- If our service seems like it could be helpful for you, we will book a home visit or see you in clinic (usually at your GP surgery).

Outcomes

- Following assessment by the team we can make short term interventions and onward referrals/signposting to any service you may need.

What we may be able to help you with

Do you...

- need help when you are moving around or going out and about?
- want to learn ways to make it easier to live on your own?
- want to find support with washing, dressing and making meals?
- feel like you are forgetful?
- have falls or feel like you lose your balance?
- take a lot of medications or have trouble taking your medicine?
- have many health conditions?
- want to get involved in community activities?
- want to find out about local services?

How we work

We can visit you at home and talk about how we can help you be as independent and as well as possible.

We look at long term conditions like diabetes and heart problems, how you are taking your medicine, whether you can or want to get out and about on your own and what might make your life easier and more enjoyable.