

## Further information

Macmillan Cancer Information and Support Centre  
Main Entrance  
The Whittington Hospital  
Magdala Avenue  
London N19 5NF

## Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or [whh-tr.whitthealthPALS@nhs.net](mailto:whh-tr.whitthealthPALS@nhs.net)

If you need a large print, audio or translated copy of this leaflet please contact us on 020 7288 3182. We will try our best to meet your needs.

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# The cancer of unknown primary (CUP) multidisciplinary team

## A patient's guide



## What is a multidisciplinary team?

A multidisciplinary team (MDT) is a group of doctors and other health professionals with expertise in a specific cancer, who together discuss and manage an individual patient's care.

They plan the treatment that is best for you.

## Who is in the team?

The team consists of:

- radiologists (specialists in x-rays and related scans)
- a histopathologist (doctor who makes diagnosis from tissue samples)
- an oncologist (doctor specialised in chemotherapy and radiotherapy)
- a clinical nurse specialist
- an MDT coordinator

## How does an MDT work?

When an MDT meets, they consider all of the scan and test results that you have had since your initial cancer diagnosis.

This helps them to plan the treatment that is most effective for you, taking into account your age, general health, the cancer stage (its size and whether it has spread) and its grade (which indicates how quickly it may grow or develop).

They also ensure your psychological and social needs are considered and your care is coordinated in an efficient and timely manner.

## What does cancer of unknown primary (CUP) mean?

It means that the cancer we have detected in your body has not started in the place where it has been found but it is a secondary stage.

This means the team will aim to offer treatments which will help with the symptoms of your disease.

It may not be necessary for the team to perform further investigations to find the original site of the cancer.

Information from tests that are already performed will be able to provide you with effective treatment and care.

## The MDT team

### **Oncologist:**

Dr. Mulyati Mohamed

### **Pathologist:**

Dr. Dhili Arul

### **Radiologists:**

Dr. Diane Murray

Dr Michael Stewards

### **Nurse specialist:**

Adam Belton

### **MDT coordinator:**

Leonara Shala

## Key worker

The key worker for the MDT is Adam Belton.

If you would like to discuss any concerns or issues with him please call:  
020 7288 3286.

Please read the keyworker leaflet for further information.