

## What do I need to bring with me?

- Any letters from other medical or health professionals
- List of medications

## Further information

### Islington Additional Needs & Disability Service

The Northern Health Centre  
580 Holloway Road  
London N7 6LB  
Tel: 0203 316 1877



### Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or [whh-tr.whithealthPALS@nhs.net](mailto:whh-tr.whithealthPALS@nhs.net)

If you need a large print, audio or translated copy of this leaflet please contact us on 020 7288 3182. We will try our best to meet your needs.

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## EARLY YEARS DEVELOPMENT TEAM

Islington Additional Needs & Disability  
Service  
**Information for parents**



## What is the Early Years Development Team (EYDT)?

EYDT provides an integrated approach to support babies and children with additional needs.

Your baby may have a complex medical background and may struggle with feeding or drinking, achieving developmental milestones such as sitting and using their hands for exploration and play.

Our Multi-Disciplinary Team (MDT) includes Speech and Language Therapists, Physiotherapists, Occupational Therapists and Dieticians. We offer you support with the following:

- Advice with feeding skills such as chewing and swallowing.
- Advice to help your baby with their independence skills, play skills and hand skills.
- Advice about how to help your baby develop their posture and movement.
- Advice if you are concerned your baby isn't gaining weight and/or getting enough nutrition.

Depending on your baby's needs the MDT may offer you:

- Regular appointments at home, nursery or at a clinic setting.
- Advice regarding aids and equipment
- Education for you and other carers such as nursery staff around your baby's needs and recommendations on intervention

The EYDT can signpost to additional services within Islington:

- Early Support Keyworkers regarding nursery, childcare, play and funding
- Family Support and Stay and Play sessions at local Children's Centres across Islington
- Benefits (via Voluntary Organisation support)
- Disabled Children's Team (Social Care)
- Education



## What to expect?

A referral from a doctor / health care professional is required. Unfortunately, we cannot accept self-referrals. We will inform you of your baby's appointment date and time.

If you need to change the appointment you must give at least 24 hours' notice so that we can book someone else in instead of you.

Please note, if you do not attend the appointment, you may be discharged.

At your appointment, the therapist will ask you questions about your baby's needs.

Treatment options can vary depending on your baby's individual needs but often include a specific home therapy programme and advice. It is important to follow this advice to see changes in your child's development and management of their needs.

During the Therapy assessment and treatment process we will liaise with relevant doctors / health professionals involved in your baby's care.