

Helping local people live longer healthier lives

Privacy Statement for the REACH Intermediate Care Rehabilitation Team service from Whittington Health

The REACH Intermediate Care Rehabilitation Team will access patient data for the purpose of providing health and social care treatment and for the management of health or social care systems and services.

Data may be shared with our health or social care partners should they be involved or required to be involved in providing care or treatment for you.



Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or

whh-tr.whitthealthPALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please contact us on 020 7288 3182. We will try our best to meet your needs.

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Islington REACH Intermediate Care Rehabilitation Team

A patient's guide

We may be able to help and support you if you're having difficulties with everyday activities.

Mon to Fri 9-5pm

020 7527 1501

An introduction

The REACH Intermediate Care Rehabilitation Team works in partnership with you to promote your health and wellbeing, to optimise your independence and to help and support you to achieve your potential rehabilitation goals.

The Intermediate Care Rehabilitation Team is an Islington based service comprising of an experienced and committed team of allied health and healthcare professionals.

The team includes: physiotherapists, occupational therapists, psychologists, GP's, nurses, pharmacists, rehabilitation assistants, healthcare staff and social workers.

Allied health and healthcare professionals:

GP's, Nurses and Pharmacists



Social Workers

Physiotherapists

Healthcare Staff

Occupational Therapists

Psychologists

Rehabilitation Assistants

The aims & objectives

- Help and support you to **plan**, **prepare** and **carry out** everyday activities independently (with extra additional support, if and when required)
- Provide person centred care, help and support to enable you to achieve your potential **rehabilitation goals**
- Deliver therapeutic interventions, personalised exercise programs (including: bed and chair-based exercises) and group activities to **enhance**, **maintain** and **restore** your **health** and **wellbeing**
- Work with you to help and support you **move** and **walk** (including: indoor/outdoor mobility practice)
- Plan together your **safe** return **home** (including: home/access assessment visits)

1

Assessment

You'll be assessed by a therapist to identify your problems and needs

2

Rehabilitation

The therapy team will plan, implement and coordinate interventions for you to achieve your rehab goals

3

Evaluation

At the end of your rehabilitation treatment you'll be re-assessed to measure the effects and a discharge plan made by the team for you to be able to safely return home

The 2 locations

St Anne's (Intermediate Care Rehabilitation)

60 Durham Rd
London
N7 7DL

020 7272 4141

- A maximum level of assistance of 2
- Therapy rehabilitation treatment (Mon to Fri 2 – 6 weeks max)
- Facilitates 10 private beds
- Age 65+
- Medical and extra nursing and healthcare management provided by a dedicated healthcare team

Mildmay Park (Intermediate Care Rehabilitation)

20-26 Mildmay Park
London
N1 4PH

020 3815 2156

- A maximum level of assistance of 1
- Therapy rehabilitation treatment (Mon to Fri 2 – 6 weeks max)
- Facilitates 12 private beds
- Age 18+
- Care management provided by a devoted care team