

If you are concerned or have any questions please contact:

Colorectal Specialist Nurse (CNS) Maria Walshe –
phone line 0207 288 **5975** or mobile phone 07920236864

Stratified Pathway Coordinator Kasia Gale-Ward –
phone line 0207 288 **3865**

[Patient advice and liaison service \(PALS\)](#)

If you have a compliment, complaint or concern please contact
our PALS team on 020 7288 5551 or
whh-tr.whitthealthPALS@nhs.net

If you need a large print, audio or translated copy of this leaflet
please contact us on 020 7288 3182. We will try our best to
meet your needs.

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5 Years Surveillance Protocol for Colorectal Cancer Remote Monitoring

Information for Patients

Helpline number: 0207 288 3865

Colorectal Nurse/s: 0207 288 5975



Patient symptom checklist:

- Change in bowel habit (lasting more than 1 week)
- Blood in or on the stool, blood on wiping
- Mucous on or mixed with the stool
- Recurrent new onset abdominal pain, again not just a single episode
- Weight loss
- Increasing tiredness
- Loss of appetite
- Weight loss for no reason
- Abdominal swelling or tenderness

London Cancer 5 Years Surveillance Program Protocol.

Year	Month	Date	Investigations
1	6 weeks		CEA Post-operative follow up in clinic HNA if not for chemotherapy Treatment summary/diary completed
	6		CEA CT CAP Colonoscopy if not complete pre-operative HNA if received chemotherapy
	12		CEA Colonoscopy
2	18		CEA CT CAP
	24		CEA
3	30		CEA
	36		CEA CT CAP
4	48		CEA
5	60		CEA CT CAP
Then five-yearly colonoscopies until age 80, if fit.			

CEA - Carcinoembryonic antigen blood test (Tumour marker blood test)

CT CAP – Computed Tomography Scan for Chest-Abdomen-Pelvis

HNA – Holistic Needs Assessment with Colorectal Specialist Nurse (CNS)