

Patient advice and liaison service (PALS)

If you have a compliment, complaint or concern please contact our PALS team on 020 7288 5551 or whh-tr.whitthealthPALS@nhs.net

If you need a large print, audio or translated copy of this leaflet please contact us on 020 7288 3182. We will try our best to meet your needs.

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Punch Biopsy of the Vulva

A patient's guide



You have had a minor procedure of your vulva, where we have taken away a small piece of skin.

- You may experience some spotting overnight from the biopsy site
- You can wear sanitary towels until it stops
- Avoid perfumed soaps when washing and use warm water alone
- Avoid tight clothing and nylon
- The biopsy site may have been stitched with a dissolvable suture. If this is causing any discomfort, it may be removed by your practice nurse after 7 days
- You can bath or shower as normal the day after the procedure
- Pat dry the area, avoid rubbing or use a hair dryer on a cool setting to dry the site

If there are any problems arising from this procedure, please contact the COLPOSCOPY SERVICE on **0207 288 3138** and ask for the colposcopy nurses.