

# COGNITIVE IMPAIRMENT INCONTINENCE CARE PATHWAY

## INFORMATION SHEET 2

### PROMPTED VOIDING PROGRAMME

The aim of this programme is to improve the resident's awareness of their bladder and develop a pattern of toileting.

It is important that all staff comply with the programme and that positive encouragement is given to the resident.

Praise dryness and using the toilet but do not comment on wet episodes.

#### Step 1

Record baseline information for 3 days.

Every hour ask the patient if they need to go to the toilet, only take them if they say yes.

Record whether the resident is wet or dry and if they void in the toilet.

#### Step 2

Look at the information collected and observe patterns of emptying. Develop a set of times for prompting around these patterns.

Continue with positive reinforcement for successful trips to the toilet.

#### Step 3

Review programme after 2 weeks and adapt as necessary.

The Whittington Hospital NHS Trust

Chair: Steve Hitchins

Chief Executive: Siobhan Harrington